Freedom Summits
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**Gary Gorrow** is a Vedic Meditation Practitioner (Master Teacher), a Qualified Ayurvedic Health Coach and Mindfulness Expert.
Gary is passionate about empowering people with techniques that enable them to re-engineer their lives inside and out. His approach synthesizes the best of modern science and ancient consciousness based practices. He is a practical and down to earth character who dedicates himself solely to working with people to maximise performance and success in their personal and professional lives.
We are thrilled to welcome Gary to the 2015 **Freedom Summits**.
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